

Test Your Knowledge

- 1) What is warfarin used for?
 - a) Pain
 - b) Prevents blood clots (may be referred to as a “blood thinner”)
 - c) Blood pressure
 - d) Diabetes
 - e) A, C, and D

- 2) (Fill in the blank) Foods that contain high amounts of _____ should be eaten in moderation and with consistency each week.
 - a) Vitamin K
 - b) Protein
 - c) Vitamin D
 - d) Starch

- 3) (Select all that apply) Easy bruising & bleeding is a common side effect for warfarin. What things can be done to prevent bleeding?
 - a) Use caution when using knives, scissors, and razors that can cut you
 - b) Avoid involvement in risky sports or activities that may cause injury or bleed
 - c) Increase alcohol intake to help with bleeding
 - d) Seek medical attention for abnormal signs/symptoms of bleeding or clotting
 - e) A, B, and D

- 4) What lab testing is required to monitor warfarin therapy?
 - a) A1C
 - b) Lipid panel
 - c) Complete blood count
 - d) INR

- 5) When should you expect a call from the Warfarin Clinic about your INR results?
 - a) Within 24 hours
 - b) Within 48 hours
 - c) Within 72 hours
 - d) Within 1 week

- 6) Who should you call if you have any questions or concerns about your warfarin?
 - a) Warfarin Clinic (713-442-6240)
 - b) Kelsey Pharmacy
 - c) Kelsey Lab Services
 - d) Kelsey Nurses

- 7) When should you call the Warfarin Clinic?
 - a) Medication changes
 - b) Hospitalizations or emergency room visits
 - c) Upcoming procedures
 - d) Travel or vacation
 - e) All of the above