

Centralized Pharmacy Anticoagulation Service (CPAS)

11511 Shadow Creek Parkway
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Patient-Provider Agreement for Anticoagulation Therapy

Your doctor has recommended anticoagulation therapy for you. Warfarin (also called Coumadin, Jantoven) is the anticoagulation drug that your doctor has chosen for you. When used correctly and under close management, this medication can help prevent harmful blood clots from forming in your blood stream, which can result in a stroke or damage to very important organs.

When warfarin is used incorrectly or without regular blood tests, it can have serious side effects, which could include internal bleeding or the formation of a blood clot. Every person is different and the dose of medication you will need will change from time to time. For these reasons, it is very important that you are regularly monitored and perform a blood test called an International Normalized Ratio (INR).

This document is an agreement between you and the Centralized Pharmacy Anticoagulation Service (CPAS). The purpose of this agreement is to assure you receive the best care and to help you get the most benefit from this medication.

To accomplish this goal, CPAS requires you to adhere to the following:

- You agree to have a Kelsey Seybold Clinic physician refer you to this service.
- You agree to provide CPAS with your phone number and an alternate phone number where you can be contacted.
- If CPAS calls you and leaves a message, you agree to return their call as soon as possible.
- You agree to take your warfarin exactly as prescribed by CPAS.
- You understand that INR monitoring is crucial with this medication and must be done as recommended by CPAS. If you are non-compliant with lab monitoring of your INR, you may be dismissed from the clinic.
- You agree to notify CPAS if another doctor has adjusted your warfarin dose.
- You agree to inform CPAS if you need to stop taking warfarin for a medical procedure or for any other reason.
- You agree to inform CPAS about any changes that are made to any drug, herbal/alternative, or over-the-counter medication you are taking, or if you get a new prescription from your doctor.
- You agree to contact CPAS if you have problems such as:
 - Bleeding from the gums or nose that does not stop
 - Red or brown urine
 - Red or black (looks like tar) stools

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- Throwing up blood or anything that looks like “old coffee grounds”
- Cuts that do not stop bleeding or bruises that grow bigger
- Severe headaches or feeling unusually lightheaded, dizzy or weak
- Fall and hit your head
- You agree to seek medical attention if you have any unexplained bleeding.
- You understand that if you are traveling and will need monitoring done while away, you agree to provide an appropriate lab contact number for CPAS to send lab orders and go to that lab to have your INR drawn as instructed.
- You agree to call and follow-up with CPAS if you do not get instructions 72 hours after you have your INR checked.
- If you drink alcohol, you agree to use it in moderation and with consistency and report any changes in the amount you drink to CPAS.
- Female Patients: You understand anticoagulation therapy during pregnancy can be harmful to developing babies. You confirm you are not currently pregnant and agree to immediately inform CPAS if you get pregnant.

This document ensures that you understand if you do not adhere to the items outlined in this agreement or do not follow the instructions provided by CPAS, we may stop managing your anticoagulation therapy and dismiss you from our services.

We look forward to managing your anticoagulation therapy. If you have any questions or concerns, please contact us at 713-442-6240.

Thank you,

Dr. Shane Magee, Medical Director
Centralized Pharmacy Anticoagulation Service (CPAS)
Kelsey-Seybold Clinic